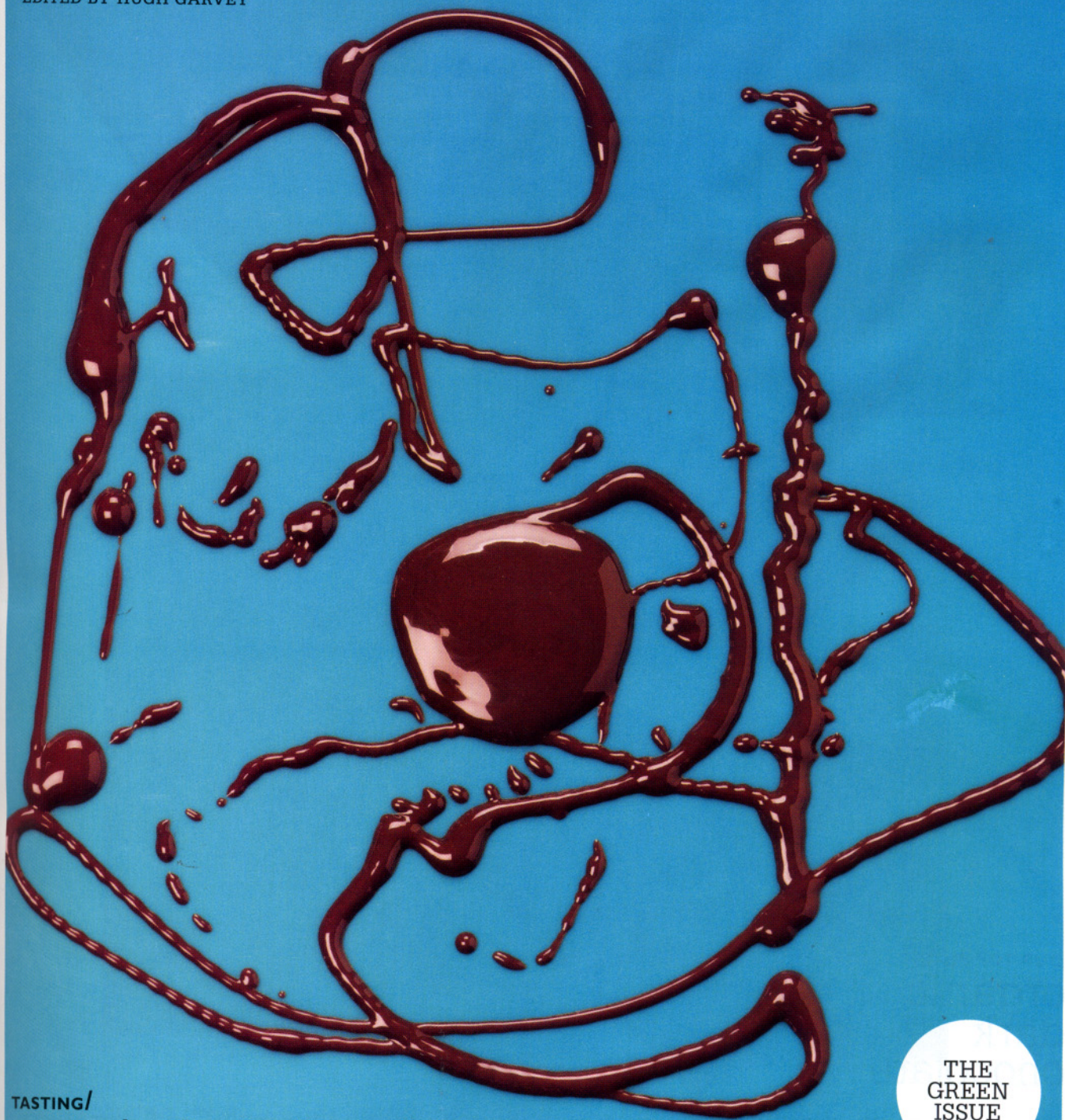


STARTERS

EDITED BY HUGH GARVEY

QUICK BITES
FROM THE
WORLD OF
BON APPÉTIT



TASTING/ organic dark chocolate

Who can say no to top-notch dark chocolate? And when you buy the organic version, it's the ultimate feel-good food. Dark chocolate's mood-enhancing powers are no secret. But because it's also rich in antioxidants, well, turning it down just wouldn't be right. We sampled widely and chose six brands that are deep, dark, delicious... and made with organic cocoa beans and organic cocoa butter (see page 20). /»

THE
GREEN
ISSUE



OUR TOP PICKS/
organic
dark
chocolate

1/ Nirvana Organic Dark Chocolate
72 percent cocoa;
3.5 ounces
Big chocolate flavor
with a long-lasting
finish.
\$5; chocosphere.com

2/ Equal Exchange Organic Very Dark Chocolate
71 percent cocoa;
3.5 ounces
Straight-ahead
chocolate goodness.
\$4; worldwidechocolate.com

3/ Chocolove Organic Dark Chocolate
73 percent cocoa;
3.2 ounces
Sweetness and
intensity balanced
by fruity, floral,
and spicy notes.
\$4; worldwidechocolate.com

4/ Grenada Chocolate Company Organic Extra Bittersweet Chocolate
71 percent cocoa;
4 ounces
Bold and full, like a
great cup of espresso.
\$6; chocosphere.com

5/ Valrhona "Cao Grande" Organic Dark Chocolate
70 percent cocoa;
3.53 ounces
Full and smooth;
a lovely flavor
combination of
citrus and butter.
\$7; chocosphere.com

6/ Green & Black's Organic Dark Chocolate
70 percent cocoa;
3.5 ounces
Earthy and dusky,
with hints of
exotic spice.
\$5; worldwidechocolate.com

~AMY ALBERT